

Dr. Rogerson & Team-

Wow! That's the first thing that comes to mind when I think about my BHR replacement. I'm nearing 38 years old and the 2 year mark on my surgery. Yet I feel like I'm much younger again and never had surgery at all. I'm sure there are a lot of people doing some amazing things on this hip, but sometimes I wonder if I could be an example case for what the BHR procedure can do for a person and what the hip materials can withstand.

I'll sum things up to give a picture of just how good I feel and the many miles of hard activity that I've put on the hip:

- At less than 2 months post-surgery (Jan. 2<sup>nd</sup>, 2010), completed my first snowshoeing day trip (a multi-mile off trail outing with two friends and our dogs).
- After that first trip, completed 27 days of outdoor outings within the rest of 2010 (hiking, fishing, wilderness backpacking, hunting). This included spending 9 days straight at a remote camp for a strenuous elk hunt, including packing elk quarters out on my back.
- In addition to the 27 days above of outings, completed 19 days of outdoor outings with my wife and children in 2010 (hiking, fishing, camping, Jeep rides).
- The above trips included 24 nights of camping out in the mountains (in a tent...I'm not talking some comfy camper trailer!).
- In the winter months immediately following my surgery I finished our basement, doing the majority of the work myself other than carpet laying and such.
- Thus far in 2011 I have had 17 days of similar trips either by myself or with friends (including several strenuous multi-day trips into the wilderness/backcountry), and 23 days of various camping and day trips with my wife and kids. Currently at 13 nights spent in the mountains, I'll likely exceed last year's count with an upcoming hunting vacation.
- None of the above of course accounts for daily activity playing with kids (ages 7, 4, and 9 months), mowing lawn and other home maintenance, busy work schedule, and generally just being the type of person with energy to burn.

I'm not stating the above to brag...this is the best way I can show the types of activities that I enjoy on a regular basis and the degree to which I'll go to complete them.

I am so thankful to have heard about you and your team and I can say without a doubt that you have changed my life. I'm obviously hopeful to continue to have many years of continued enjoyment of my outdoor activities before I wear the BHR out and am ready for the next option.

I would love to make the trip to Madison someday for your reunion. It's just a long ways to go from Wyoming...and might take away from some trip to the mountains that I have planned with friends or family!



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